

# The Directions Song

*Are you ready?*

## **Chorus:**

Jump to the left,  
Jump to the right,  
Jump forward,  
And jump back.

Jump to the left,  
Jump to the right,  
Jump forward,  
And jump back.



## **Verse 1:**

Turn around and touch the ground,  
Turn to the left and turn to the right.  
Turn around and touch the ground,  
Turn to the left and turn to the right.



## **Chorus**

## **Verse 2:**

Sit down and stand up,  
Jump up and down and clap your hands.  
Sit down and stand up,  
Jump up and down and clap your hands.



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*Are you ready?*

## **Chorus:**

Jump to the left,  
Jump to the right,  
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And jump back.

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And jump back.



## **Verse 1:**

Turn around and touch the ground,  
Turn to the left and turn to the right.  
Turn around and touch the ground,  
Turn to the left and turn to the right.



## **Chorus**

## **Verse 2:**

Sit down and stand up,  
Jump up and down and clap your hands.  
Sit down and stand up,  
Jump up and down and clap your hands.

