Lesson:

**Adverbs of frequency**

**General:**

<table>
<thead>
<tr>
<th>Time</th>
<th>40 mins - 1 hour</th>
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</thead>
<tbody>
<tr>
<td>Objectives:</td>
<td>Saying how often you do things with adverbs of frequency</td>
</tr>
<tr>
<td>Structures:</td>
<td>&quot;Do you ...?&quot;, &quot;How often do you ...?&quot;</td>
</tr>
<tr>
<td>Target Vocab:</td>
<td>always, almost always, often, usually, sometimes, rarely, hardly ever, almost never, never</td>
</tr>
</tbody>
</table>

You will need to download:

| Printables:            | Adverbs of frequency questionnaire |
|                       | Adverbs of frequency write worksheet |
|                       | Reader worksheet                      |
|                       | Warm Up & Wrap Up lesson sheet          |
| Readers:              | The Mystery of the Missing Magic Carpet |

These can be downloaded at https://www.eslkidstuff.com/esl-kids-lesson-plans.html

You will also need:

- cards with the adverbs of frequency written on them: always, almost always, often, usually, sometimes, rarely, hardly ever, almost never, never (see point 3)
- Blue Tack or tape to stick the frequency adverbs cards on the board (see point 3)
- board with chalk / markers

Notes:

In this lesson students will practice saying adverbs of frequency to indicate how often they do certain activities. It is an action-packed lesson with lots of fun action activities.

**IMPORTANT:** This lesson reviews vocabulary and structures from the Days of the Week lesson, so be sure to have taught it before this one.
Lesson Overview:

Warm Up and Maintenance:

1. See our "Warm Up & Wrap Up" lesson sheet.

New Learning and Practice:

1. Review days of the week and play ball toss
2. Discuss the best day of the week
3. Introduce the adverbs of frequency
4. Do the "Adverbs of frequency questionnaire" worksheet
5. Play the “Climb the frequency ladder” game
6. Read classroom reader "The Mystery of the Missing Magic Carpet"

Wrap Up:

1. Set Homework: "Adverbs of frequency write" worksheet
2. See our "Warm Up & Wrap Up" lesson sheet.

Lesson Procedure:

Warm Up and Maintenance:

See our "Warm Up & Wrap Up" lesson sheet.

New Learning and Practice:

1. Review days of the week and play ball toss

To begin, get everybody standing up and toss a ball to a student who tosses it to another student and so on around the class – let everyone have fun for a minute throwing the ball around the class and trying not to let it drop on the floor.

Next, have a student toss the ball to you and as you catch it shout “Monday”. Toss the ball to another student and
encourage him/her to shout “Tuesday” as they catch it. Continue with the days of the week being shouted out in the correct order, going around the class. If the ball is dropped or the wrong day is said you must start again with Monday. Set a target of 3 or 4 fast rounds without mistakes or dropping the ball.

2. Discuss the best day of the week
Get everyone to sit down. Write on the top of the board “The best day of the week is” and ask the class for their answers. Most probably it will be Saturday or Sunday. Take a vote for the most popular answer and write this on the board, for example:

The best day of the week is Saturday

Next, ask why it is the best day of the week and encourage students to shout out answers. Write the things they do on the board as they are shouted out, for example:

<table>
<thead>
<tr>
<th>The best day of the week is Saturday because …</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>I go shopping with friends.</td>
<td>I play video games.</td>
</tr>
<tr>
<td>I watch rugby on TV.</td>
<td>I go to my grandparent’s house.</td>
</tr>
<tr>
<td>I play baseball.</td>
<td>I stay up late.</td>
</tr>
<tr>
<td>I sleep in.</td>
<td>I eat a big breakfast.</td>
</tr>
<tr>
<td>I do nothing.</td>
<td>I meet my friends.</td>
</tr>
<tr>
<td>I go swimming.</td>
<td>I go to my grandparent’s house.</td>
</tr>
</tbody>
</table>

3. Introduce the adverbs of frequency
Choose one of the activities on the board, such as “I go shopping with friends”. In the space on the right-side of the board write “On Saturdays, I _____________ go shopping with friends”.

Then under this, draw a vertical line with 0% at the bottom and 100% at the top to make a frequency chart, as follows:
The best day of the week is Saturday because …

<table>
<thead>
<tr>
<th>Activity</th>
<th>Frequency Adverb</th>
</tr>
</thead>
<tbody>
<tr>
<td>I go shopping with friends.</td>
<td>never</td>
</tr>
<tr>
<td>I watch rugby on TV.</td>
<td></td>
</tr>
<tr>
<td>I play baseball.</td>
<td></td>
</tr>
<tr>
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Then point to yourself and point at the 0% and shake your head to indicate that you never go shopping with friends on Saturdays.

Next, get a few volunteers to come up to the board and point on the vertical line where their answer would be (e.g. around 50% for sometimes, 70% for often, etc.).

At this point we’ll add the frequency adverbs to the chart. Before class, prepare cards with the adverbs of frequency written on them (always, almost always, often, usually, sometimes, rarely, hardly ever, almost never, never). Put the “never” card at 0% on the board. Say “I never go shopping with friends on Saturdays”.

Give the rest of the cards to different students and ask them, one-by-one, to come to the board and place them where they think they would go on the chart. As each student guesses, get everyone to help by saying “higher!” or “lower!” . Keep having students come up to the board with their cards until you have a completed chart:
The best day of the week is Saturday because ...

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<tr>
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<td>I go shopping with friends.</td>
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Go around the class asking everyone to say how often they go shopping using the full structure (e.g. “On Saturdays, I **often** go shopping with friends.”)

Put students into small groups of 3 or 4 and get them to say how often they do all the activities written on the board. Circulate and help out with mistakes.

Finish by asking a few students some questions, for example,

*Teacher:* Frank, how often do you go swimming on Saturdays?
*Student:* On Saturdays, I **hardly ever** go swimming.

*Teacher:* Good job! Helen, how often do you sleep in on Saturdays?
*Student:* On Saturdays, I **always** sleep in.

etc.

4. **Do the “Adverbs of frequency questionnaire” worksheet**

Put students in pairs. Give out the A/B pair worksheets and allow a couple of minutes for everyone to check for vocabulary issues. Then start the activity - everyone asks their partners the questions from the questionnaire and records their answers. At the end, have your students tell the class about their partners.

5. **Play the “Climb the frequency ladder” game**

On the board write the title “Climb the ladder” and draw a ladder with 9 rungs, running from the top of the board to the bottom.
Climb the ladder

always
almost always
often
usually
sometimes
rarely
hardly ever
almost never
never

Label each rung with the adverbs of frequency from today’s lesson, with “never” on the bottom rung and “always” on the top, for example:

Get everyone to stand up and find a partner. Tell the class that everyone starts on the bottom rung of the ladder and to win they must reach the top rung. They do this by asking their partner questions, trying to elicit the response for the rung of the ladder they are on. For example, for the bottom rung, they must get their partner to answer “never”:

Student A: How often do you cook dinner?
Student B: I never cook dinner.

If the answer is “never” the student moves up to the next rung (“almost never”), changes partners and asks questions to elicit the verb. However, if the answer is wrong, they get knocked down a rung of the ladder. They are allowed to ask questions to the same partner if they are knocked back down, but once they get to a higher rung they must change partners again. The student who gets to the top of the ladder first is the winner.

6. Read classroom reader "The Mystery of the Missing Magic Carpet"
Let’s end the lesson with a fun story! Before class, download and print off the reader "The Mystery of the Missing Magic Carpet" from our website. As you go through each page, point to the pictures and elicit what everyone thinks is happening, for example:
Teacher: (pointing at the picture on page 3) Oh dear, Maria doesn’t look very happy, does she? What do you think is wrong?
Student: Her pencil is on the floor?
Teacher: Yes, it is on the floor. But why is Maria unhappy?
Student: Did you lose her pencil?
Teacher: Maybe! Let’s check (reading ... ) “This was strange. I hardly ever lose things. Last year, I lost a pencil but that is the only thing I have ever lost.” Yes, you are right! Well done! etc.

Get the students really involved in the story by asking lots of questions and getting them to speculate about the story and using adverbs of frequency.

After reading the story, give out a reader worksheet to each student and have everyone try to remember which adverb is used in which part of the story and fill in the answers on the worksheets. Then go quickly go through the story again, checking the answers.

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Alternatively, watch our video version of the reader on our website.

Wrap Up:
1. Assign Homework: "Adverbs of frequency write" worksheet.
2. Wrap up the lesson with some ideas from our "Warm Up & Wrap Up" lesson sheet.

- All flashcards, worksheets, craft sheets, readers and songs used in this lesson plan can be downloaded at eslkidstuff.com/esl-kids-lesson-plans.html
- More free Lesson Plans are available at eslkidstuff.com/esl-kids-lesson-plans.html

Can you suggest any additions to this lesson plan? If you know of any great games, activities, teaching points, links to other sites or any other ideas that can be added to this lesson plan, please email us: https://www.eslkidstuff.com/contact.htm
Please report any mistakes at https://www.eslkidstuff.com/contact.htm

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