

Actions (Exercises)

jump

Actions (Exercises)

Actions (Exercises)

run

Actions (Exercises)

Actions (Commands)

**hands
up**

Actions (Commands)

Actions (Commands)

**hands
down**

Actions (Commands)

Actions (Exercises)

hop

Actions (Exercises)

Actions (Exercises)

star jump

Actions (Exercises)

Actions (Exercises)

**clap
hands**

Actions (Exercises)

Actions (Exercises)

stamp feet

Actions (Exercises)

Actions (Exercises)

**turn
around**

Actions (Exercises)

Actions (Exercises)

**touch
toes**

Actions (Exercises)